

## Charnwood U3A GROUP ACTIVITIES – as of 4<sup>th</sup> October 2023

**To join a group:** Please contact the leader. A few groups may have a waiting list, but most do not. If you have difficulty joining a group or have a suggestion for a new group, please contact [groupscoordinator@charnwoodu3a.org.uk](mailto:groupscoordinator@charnwoodu3a.org.uk)

This list is amended from time to time and an up-to-date copy can be found in the password-controlled members' area of the website:  
[www.charnwoodu3a.org.uk](http://www.charnwoodu3a.org.uk)

**DATA PROTECTION: PLEASE KEEP THIS LIST CONFIDENTIAL AND SHRED IT WHEN YOU HAVE FINISHED WITH IT**

GROUP	TIME	DAY	WEEK	CONTACT	EMAIL
<b>Archaeology</b>	2.00 – 4.00pm	Monday	Second	Marilyn Upstone Liz Cox	Archaeology@charnwoodu3a.org.uk
<b>Architecture Appreciation</b>	2.00 - 4.00 pm	Thursday	Fourth	Penny Bryce Helen Whittaker	ArchitectureAppreciation@charnwoodu3a.org.uk
<b>Art Appreciation</b>	2.00 - 4.00 pm	Friday	Third	Sue Palmer	ArtAppreciation@charnwoodu3a.org.uk
<b>Badminton</b>	9.00 - 11.00 am	Friday	Weekly	Christopher Barsby	Badminton@charnwoodu3a.org.uk
<b>Beading 1</b>	10:30 – 12:30	Thursday	4th	Without a leader	Beading1@charnwoodu3a.org.uk
<b>Beading 2</b>	10:30 – 12:30	Thursday	2nd	Without a leader	Beading2@charnwoodu3a.org.uk
<b>Bowls - Indoor</b>	2.00 – 4.00 pm	Thursday	Weekly	Ray Holmes	BowlsIndoor@charnwoodu3a.org.uk
<b>Bowls - Outdoor</b>	2.00 – 4.30 pm	Thursday	Weekly	Dave Saunders	BowlsOutdoor@charnwoodu3a.org.uk
<b>Canasta 1</b>	2.00 – 4.30 pm	Tuesday	Weekly	Patricia Stanyard	Canasta1@charnwoodu3a.org.uk
<b>Canasta 2</b>	1:30 – 4.30 pm	Monday	1st, 3rd, 5th	Sue Unsworth	Canasta2@charnwoodu3a.org.uk
<b>Canasta 3</b>	7:00 – 9:00 pm	Thursday	1st	Ann Hawley	Canasta3@charnwoodu3a.org.uk
<b>Canasta 1 Quorn</b>	2:00 pm	Tuesday	1st	Sue Hagger	Canasta1Quorn@charnwoodu3a.org.uk
<b>Canasta 2 Quorn</b>	7:00 pm	Wednesday	2nd	Martin Hagger	Canasta2Quorn@charnwoodu3a.org.uk
<b>Chess</b>	2.00 – 4.30 pm	Monday	Fortnightly	Dave Watson	Chess@charnwoodu3a.org.uk
<b>Classical Civilisation</b>	10.00 am	Friday	Second	Sue Griffiths	ClassicalCivilisation@charnwoodu3a.org.uk
<b>Classical Greek</b>	10.00-12.00	Wednesday	First	Dilys Payne	ClassicalGreek@charnwoodu3a.org.uk
<b>Classical Music Enjoyment</b>	2.00 – 4.00 pm	Wednesday	Fourth	Ian Proctor-Blain	ClassicalMusic@charnwoodu3a.org.uk
<b>Craft and Self Help</b>	10:00 – 12:00	Monday	Weekly	Margaret Pickford	Craft@charnwoodu3a.org.uk
<b>Cribbage 1</b>	2.00 pm	Tuesday	2nd & 4th	Nancy Pickerell	Cribbage1@charnwoodu3a.org.uk
<b>Cribbage 2</b>	2.00 pm	Wednesday	1st & 3rd	Phil Hopkin	Cribbage2@charnwoodu3a.org.uk
<b>Current Affairs</b>	3:00 – 5:00 pm	Monday	1st	Sue and Chris Ronald	CurrentAffairs@charnwoodu3a.org.uk
<b>Dance - Line</b>	10.00 – 12.00 noon	Friday	Weekly	Beverly Gillman	DanceLine@charnwoodu3a.org.uk
<b>Dance – Social / Folk</b>	2.00 – 4.00 pm	Tuesday	2nd & 4th	Beverly Gillman	DanceSocial@charnwoodu3a.org.uk
<b>Days of Interest</b>	Depends on destination	Saturday	Third	Jill Strachan – bookings Pauline May - membership	DaysofInterest@charnwoodu3a.org.uk
<b>Digital Imaging</b>	2.00 – 4.00pm	Monday	2nd & 4th	Vic Lorriman	DigitalImaging@charnwoodu3a.org.uk
<b>English Parish Churches Zoom</b>	10.00 am	Tuesday	Second	Roger Willson	EngParishChurches@charnwoodu3a.org.uk
<b>English Parish Churches f2f</b>	2.00 – 4.00 pm	Tuesday	Second		EngParishChurches@charnwoodu3a.org.uk
<b>Exploring the English Language</b>	10.00 – 12 noon	Tuesday	Fourth	Pam Upton	ETHEL@charnwoodu3a.org.uk
<b>Family History Discussion</b>	2.00 – 4.00 pm	Wednesday	Third	Brian Waters	FamilyHistory@charnwoodu3a.org.uk
<b>French Conversation</b>	2.30 – 4.30pm	Thursday	1st & 3rd	Brian Hanners	FrenchConversation@charnwoodu3a.org.uk
<b>French - Conversation Française</b>	To be confirmed			Gordon Murray	ConversationFrançaise@charnwoodu3a.org.uk

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<b>French Improvers</b>	2:00 – 3:30pm	Wednesday	1 <sup>st</sup> & 3 <sup>rd</sup>	Pam Upton	FrenchImprovers@charnwoodu3a.org.uk
<b>Garden Visits</b>	By arrangement	Friday	3 <sup>rd</sup>	Without a leader	GardenVisits@charnwoodu3a.org.uk
<b>Gardening</b>	2.00 – 4.00pm	Monday	Third	Lili Robinson	Gardening@charnwoodu3a.org.uk
<b>German</b>	10.00am - 12 noon	Wednesday	1st & 3rd	Elisabeth Griffiths	German@charnwoodu3a.org.uk
<b>German: Reading, Translation and Conversation</b>	10.00am - 12 noon	Friday	1st & 3rd	Ela Juszkievicz	GermanRTC@charnwoodu3a.org.uk
<b>Golf</b>	09:30am start	Wednesday	Weekly	Jon Ivins	Golf@charnwoodu3a.org.uk
<b>History</b>	10.00am– 12 noon	Wednesday	Fourth	Jim Miller	History@charnwoodu3a.org.uk
<b>Italian Conversation</b>	2.00 – 4.00 pm	Wednesday	Third	David Fell	ItalianConversation@charnwoodu3a.org.uk
<b>Jigsaw Puzzle &amp; Book Exchange</b>	10.00 am	Wednesday	First	Ann Hawley	JigsawPuzzle@charnwoodu3a.org.uk
<b>Knit and Natter</b>	10:00am – 12 noon	Friday	First	Ruth Swales	KnitandNatter@charnwoodu3a.org.uk
<b>Latin</b>	10.00 am	Monday	First	Diana Harvey	Latin@charnwoodu3a.org.uk
<b>Laughter Club</b>	11:00 am	Wednesday	First	Anthony Gimpel	
<b>Local History</b>	2.00 – 4.00pm	Monday	Fourth	Anne Speight	LocalHistory@charnwoodu3a.org.uk
<b>Lunch Club 1</b>	12 noon	Friday	First	Jennifer Bellamy	LunchClub1@charnwoodu3a.org.uk
<b>Mac Users Forum</b>	3.00 – 5.00 pm	Friday	Third	Anthony Gimpel	MacUsers@charnwoodu3a.org.uk
<b>Mah Jong</b>	10.00am – 12 noon	Friday	Weekly	Linda Reidie	MahJong@charnwoodu3a.org.uk
<b>Needlecraft 1</b>	10.00 am	Friday	2 <sup>nd</sup> & Last	Ann Maccabee	Needlecraft1@charnwoodu3a.org.uk
<b>Needlecraft 2</b>	10am – 12 noon	Tuesday	Fourth	Suzanne Parkinson	Needlecraft2@charnwoodu3a.org.uk
<b>Painting</b>	2.00 – 4.00 pm	Monday	Third	Angela Cantrill,	Painting@charnwoodu3a.org.uk
<b>Parchment and Papercraft</b>	10:30 – 12:30	Wednesday	First	Susan Mead	Parchment@charnwoodu3a.org.uk
<b>Philosophy</b>	2.00 – 4.30 pm	Tuesday	Fourth	Pauline May	Philosophy1@charnwoodu3a.org.uk
<b>Philosophy 2</b>	2.00 – 4.30pm	Tuesday	Third	Pauline May	Philosophy2@charnwoodu3a.org.uk
<b>Photography</b>	10.30 am – 12.30pm	Friday	1st & 3rd	Malcolm Coulton	Photography@charnwoodu3a.org.uk
<b>Pickleball</b>	3:30pm – 4:30pm	Tuesday	Every	Martyn Speight	Pickleball@charnwoodu3a.org.uk
<b>Pilates 1</b>	1.30pm	Friday	Weekly	Ros Fleming	Pilates1@charnwoodu3a.org.uk
<b>Pilates 2</b>	9.30-10.30	Tuesdays	Weekly	Stephanie Eggleston	Pilates2@charnwoodu3a.org.uk
<b>Pilates 3</b>	11.15-12.15	Tuesday	Weekly	Lynne Peebles Stephanie Eggleston	Pilates3@charnwoodu3a.org.uk
<b>Poetry 1</b>	10.00 am	Monday	Second	Sue Drott	Poetry1@charnwoodu3a.org.uk
<b>Poetry 2</b>	10.00-12.00	Wednesday	Third	Sue Drott	Poetry2@charnwoodu3a.org.uk
<b>Quiz</b>	2.00 – 4.00 pm	Monday	Second	Margaret Pyatt	Quiz@charnwoodu3a.org.uk
<b>Reading</b>	2:00pm	Wednesday	First	Anne Carter	Reading@charnwoodu3a.org.uk
<b>Science &amp; Technology</b>	10.00 – 11.30 am	Thursday	First	Janet Butlin Roy Faulkner	SciTech@charnwoodu3a.org.uk
<b>Scottish Dancing</b>	3:00 – 5:00 pm	Wednesday	1 <sup>st</sup> & 3 <sup>rd</sup>	Sue Ronald	ScottishDancing@charnwoodu3a.org.uk
<b>Scrabble 1</b>	10.00 am	Friday	2 <sup>nd</sup> & 4 <sup>th</sup>	George Ince – email contact	Scrabble1@charnwoodu3a.org.uk
<b>Scrabble 2</b>	2.00 – 5.00 pm	Wednesday	1st & 3rd	Jan Rutter	Scrabble2@charnwoodu3a.org.uk
<b>Scrabble 3</b>	10.00 am	Tuesday	2 <sup>nd</sup> & 4 <sup>th</sup>	Gordon Lancaster	Scrabble3@charnwoodu3a.org.uk
<b>Scrabble 4</b>	2.15 – 4.15 pm	Thursday	3 <sup>rd</sup> Thurs	Garry Rigby	Scrabble4@charnwoodu3a.org.uk
<b>Singing for Pleasure</b>	2.00 – 3.00 pm	Tuesday	1st & 3rd	Brenda Cox	SingingforPleasure@charnwoodu3a.org.uk
<b>Spanish</b>	10.00am- 12.00 noon	Tuesday	1st & 3rd	Sue Pennykid	Spanish@charnwoodu3a.org.uk
<b>Spanish Conversation</b>	10.00 – 11.00 am	Thursday	1st	Rosemary Hives	SpanishConversation@charnwoodu3a.org.uk
<b>Stitch and Sew</b>	10:00 – 12 noon	Wednesday	4 <sup>th</sup>	Sylvia Wade	StitchandSew@charnwoodu3a.org.uk

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<b>Sunday Lunch Club 1</b>	12.30 – 2.30pm	Sunday	Second	Jenny Rice	SundayLunch@charnwoodu3a.org.uk
<b>Supper Club 1</b>	6.30 pm	Wednesday	Fourth	Susan Unsworth	SupperClub1@charnwoodu3a.org.uk
<b>Supper Club 2</b>	6.30 pm	Thursday	Third	Val Hopwood	SupperClub2@charnwoodu3a.org.uk
<b>Sustaining the Planet</b>	2.00 – 4.00 pm	Wednesday	First	Brian Waters	SustainPlanet@charnwoodu3a.org.uk
<b>Table Tennis 1 *</b>	11.00am -12.00 noon	Monday	Weekly	Garry Rigby*	TableTennis1@charnwoodu3a.org.uk
<b>Table Tennis 2 *</b>	11.00am -12.00 noon	Tuesday	Weekly	Margaret Lorriman	TableTennis2@charnwoodu3a.org.uk
<b>Table Tennis 3 *</b>	11.00am -12.00 noon	Wednesday	Weekly	Joyce Bursnall	TableTennis3@charnwoodu3a.org.uk
<b>Table Tennis 4 *</b>	11.00am -12.00 noon	Thursday	Weekly	Garry Rigby	TableTennis4@charnwoodu3a.org.uk
<b>Table Tennis 5 *</b>	11.00am -12.00 noon	Friday	Weekly	Jane Peck	TableTennis5@charnwoodu3a.org.uk
<b>Table Tennis 6 *</b>	12 noon – 1.00 pm	Friday	Weekly	Garry Rigby	TableTennis6@charnwoodu3a.org.uk
<b>Table Tennis 7*</b>	10.00 – 11.00am	Friday	Weekly	Tony Fleming	TableTennis7@charnwoodu3a.org.uk
<b>Tai Chi</b>	10.30 – 11.30am	Friday	Weekly	Jon Ivins	TaiChi@charnwoodu3a.org.uk
<b>Tennis (Mini)</b>	10.00 – 11.00 am	Wednesday	Weekly	Judy Collinson Anne Wilson	TennisMini@charnwoodu3a.org.uk
<b>Theatre Group</b>	By arrangement	varies	varies	Gillian Ablethorpe Rita Percival	TheatreGroup@charnwoodu3a.org.uk
<b>Travel Group</b>	2.00 – 3.30 pm	Wednesday	4 <sup>th</sup> - every 2 months	Ann Maddocks	TravelGroup@charnwoodu3a.org.uk
<b>Walking - 6+ #</b>	10.00am	Tuesday	Third	Mike Pearson	Walk6plus@charnwoodu3a.org.uk
<b>Walking – 10+ #</b>	10.00am	Tuesday	First	Mike Hill	Walk10plus@charnwoodu3a.org.uk
<b>Walking - Parish Walks #</b>	10.00am	Thursday	Third	John Harries	ParishWalking@charnwoodu3a.org.uk
<b>Walking – Thursday 6 Milers #</b>	10.00am	Thursday	2nd and 4th	Martyn Speight	Thurs6milers@charnwoodu3a.org.uk
<b>Walking – CC Walks #</b>	09:45	Thursday	3rd	Neil Robertson	CCWalks@charnwoodu3a.org.uk
<b>Wine Appreciation</b>	7.30 – 10.00pm	Friday	Monthly	Heather Bailey Mike Hood	WineAppreciation@charnwoodu3a.org.uk
<b>Yoga</b>	9.30 – 10.30am	Monday	Weekly	Mike Hood	Yoga@charnwoodu3a.org.uk

\*Table Tennis - please contact Garry Rigby, TableTennis@charnwoodu3a.org.uk, to discuss which group suits you best.

# The groups walk at different speeds, as well as covering different distances. To join a walking group, please contact Mike Hill the Walking Groups Co-ordinator, WalkingGroups@charnwoodu3a.org.uk, (07887 389380) who will be able to discuss with you which group(s) would suit you best.

### SUPPORT GROUPS

<b>New Member Liaison</b>	Margaret Kelvey	01509 211 925	newmembers@charnwoodu3a.org.uk
<b>Welcomers</b>	Co-ordinator: Sue Young	01509 231382	Welcomers@charnwoodu3a.org.uk

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